

# CITY OF FRESNO

*Offices of Councilmembers Tyler Maxwell & Mike KARBASSI*

Is Hereby Presented To:

## *Valley Caregivers Resource Center*

**WHEREAS**, the role of a family caregiver is frequently an unexpected and significant responsibility that often changes the course of a family's life plan; and

**WHEREAS**, in the United States, over 90 million people are caring for loved ones with chronic conditions, disabilities, disease, and the frailties of old age; and

**WHEREAS**, a family caregiver is someone who assists their loved ones with daily tasks such as shopping for food, cooking, cleaning, providing medicine, and helping manage day to day items; and

**WHEREAS**, being a family caregiver comes with a variety of challenges including stress, burnout, and impacts to physical and mental health; and

**WHEREAS**, learning how to navigate the caregiving journey can add an extra layer of strain, making it difficult for caregiver to give proper attention to their mental and physical well being; and

**WHEREAS**, the Valley Caregiver Resource Center is a valuable resource tool that provides seniors and their caregivers across California with information, assistance, support, and education on all aspects of care; and

**NOW, THEREFORE, BE IT RESOLVED**, that we the Mayor and Fresno City Council do hereby recognize November 2022 as National Family Caregivers Month and acknowledge and thank Valley Caregiver Resource Center for their decades-long service to Central Valley seniors and their caregivers.

**BE IT FURTHER RESOLVED**, that we, the Mayor and Fresno City Council, do hereby proclaim November 2022 in the City of Fresno as:

## *National Caregivers Month*

*IN WITNESS WHEREOF*, we have hereunto set our hands and affixed the Great Seal of the City of Fresno, California, this 17<sup>th</sup> day of November of the Year Two Thousand and Twenty-Two.

\_\_\_\_\_  
*JERRY DYER, Honorable Mayor*

\_\_\_\_\_  
*NELSON ESPARZA, Council President*

\_\_\_\_\_  
*TYLER MAXWELL, Council Vice President*

\_\_\_\_\_  
*ESMERALDA SORIA, Councilmember, District 1*

\_\_\_\_\_  
*MIKE KARBASSI, Councilmember, District 2*

\_\_\_\_\_  
*MIGUEL ARIAS, Councilmember, District 3*

\_\_\_\_\_  
*LUIS CHAVEZ, Councilmember, District 5*

\_\_\_\_\_  
*GARRY BREDEFELD, Councilmember, District 6*