

CITY OF FRESNO

Offices of Councilmembers Tyler Maxwell & Mike Karbassi

Is Hereby Presented To:

Valley Caregivers Resource Center

WHEREAS, the role of a family caregiver is frequently an unexpected and significant responsibility that often changes the course of a family's life plan; and

WHEREAS, in the United States, over 90 million people are caring for loved ones with chronic conditions, disabilities, disease, and the frailties of old age; and

WHEREAS, a family caregiver is someone who assists their loved ones with daily tasks such as shopping for food, cooking, cleaning, providing medicine, and helping manage day to day items; and

WHEREAS, being a family caregiver comes with a variety of challenges including stress, burnout, and impacts to physical and mental health; and

WHEREAS, learning how to navigate the caregiving journey can add an extra layer of strain, making it difficult for caregiver to give proper attention to their mental and physical well being; and

WHEREAS, the Valley Caregiver Resource Center is a valuable resource tool that provides seniors and their caregivers across California with information, assistance, support, and education on all aspects of care; and

NOW, THEREFORE, BE IT RESOLVED, that we the Mayor and Fresno City Council do hereby recognize November 2022 as National Family Caregivers Month and acknowledge and thank Valley Caregiver Resource Center for their decades-long service to Central Valley seniors and their caregivers.

BE IT FURTHER RESOLVED, that we, the Mayor and Fresno City Council, do hereby proclaim November 2022 in the City of Fresno as:

National Caregivers Month

IN WITNESS WHEREOF, we have hereunto set our hands and affixed the Great Seal of the City of Fresno, California, this 17th day of November of the Year Two Thousand and Twenty-Two.

JERRY DYER, Honorable Mayor

NELSON ESPARZA, Council President

TYLER MAXWELL, Council Vice President

ESMERALDA SORIA, Councilmember, District 1

MIKE KARBASSI, Councilmember, District 2

MIGUEL ARIAS, Councilmember, District 3

LUIS CHAVEZ, Councilmember, District 5

GARRY BREDEFELD, Councilmember, District 6