

CITY OF FRESNO

Office Of Councilmember Brandon Vang

Hereby Recognizes:

American Heart Month

WHEREAS, heart disease remains the leading cause of death in the United States. According to the Center for Disease Control and Prevention (CDC), cardiovascular disease claims one life every 34 seconds, while heart attacks occur every 40 seconds. Cardiovascular care is also increasingly costly, and individuals impacted by healthcare limitations and socioeconomic barriers experience more difficulty accessing critical care; and

WHEREAS, the American Red Cross remains committed to its mission to relieve suffering around the world. The American Red Cross has raised awareness by creating heart health education, including tools to differentiate between heart attacks and cardiac arrest, recognize symptoms, undergo First Aid training, and reduce risk. These efforts to make vital health information accessible to the public have saved lives; and

WHEREAS, cardiovascular disease, including high blood pressure, coronary heart disease, heart failure, and stroke continue to impact millions; and comprehensive and coordinated prevention and management strategies are essential to address its increasing prevalence and improve patient outcomes; and

WHEREAS, American Heart Association is dedicated to ensuring equitable health in all communities, including the Central Valley division serving Fresno, Inyo, Kings, Madera, Mariposa, Merced, Mono, and Tulare counties; has been a leading source of health information for more than one hundred years; funding groundbreaking research, advocating for the public's health, and providing critical resources to save and improve lives affected by cardiovascular disease and stroke; and

WHEREAS, American Heart Month serves as an opportunity to honor the lives lost to cardiovascular disease and to strengthen our collective efforts to achieve accessible, high-quality cardiovascular care that promotes healthier living and longevity; and

WHEREAS, on this 19th day of February, the City of Fresno encourages all Fresno residents to take proactive steps towards better cardiovascular health, support health education, and advocate for the expanded, equitable care for our most vital organ.

NOW, THEREFORE BE IT RESOLVED, that we, Mayor Jerry P. Dyer, and the Fresno City Council, do hereby proclaim the month of February 2026, as:

"American Heart Month"

in the City of Fresno

IN WITNESS WHEREOF, we have hereunto set our hands and affixed the Great Seal of the City of Fresno, California, this Nineteenth Day of February of the Year Two Thousand and Twenty-Six.

JERRY P. DYER, Honorable Mayor

MIKE KARBASSI, Council President, District 2

NELSON ESPARZA, Council Vice President, District 7

ANNALISA PEREA, Councilmember, District 1

MIGUEL ARIAS, Councilmember, District 3

TYLER MAXWELL, Councilmember, District 4

BRANDON VANG, Councilmember, District 5

NICK RICHARDSON, Councilmember, District 6