



## Legislation Details (With Text)

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**Title:** Approve Service Provider Contract between City of Fresno through the PARCS Department and Fresno-Madera Area Agency on Aging (FMAAA) annual renewal for FY19 to operate the Senior Hot Meals (SHM) Program Site Management Contract at seven sites; and authorize the PARCS Director to execute the agreement on behalf of the City  
**Sponsors:** Parks, After School, Recreation and Community Serv  
**Indexes:**  
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**Attachments:** 1. FMAAA Approval Letter Contract No. 19-0310.pdf, 2. FMAAA CONTRACT NO. 19-0310 FY18-19 CONTRACT.pdf

Date	Ver.	Action By	Action	Result
1/17/2019	1	City Council	approved	

## REPORT TO THE CITY COUNCIL

**January 17, 2019**

**FROM:** PARVIN J. NELOMS, JR, Director, PARCS  
Parks, After School, Recreation and Community Services Department

**BY:** Kristina Chamberlin, Assistant Director, PARCS  
Parks, After School, Recreation and Community Services Department

## SUBJECT

Approve Service Provider Contract between City of Fresno through the PARCS Department and Fresno-Madera Area Agency on Aging (FMAAA) annual renewal for FY19 to operate the Senior Hot Meals (SHM) Program Site Management Contract at seven sites; and authorize the PARCS Director to execute the agreement on behalf of the City

## RECOMMENDATION

Staff recommends that the City Council approve the one-year agreement with Fresno-Madera Area Agency on Aging (FMAAA) to operate the Senior Hot Meals (SHM) Program at seven sites and authorize the PARCS Department Director to execute the agreement on behalf of the City.

## EXECUTIVE SUMMARY

The SHM Service Provider Contract is an annual contract with FMAAA to provide hot meals to Senior Citizens living in Fresno. The City will receive \$80,000 from FMAAA for site management and the provision of congregate meals at seven senior sites including: Inspiration Park, Lafayette Neighborhood Center, Mary Ella Brown Community Center, Mosqueda Community Center, Pinedale Community Center, Senior Citizens Village and Ted C. Wills Community Center. The FMAAA funding is supplemented with participant meal contributions, General Fund, and Community Development Block Grant (CDBG) funds. Financial support provides healthy meals for seniors as well as recreation activities including ceramics, sewing, gardening, watercolor painting, exercise programs, and field trip excursions.

## BACKGROUND

In 1994, the City of Fresno PARCS Department began a long-standing partnership with FMAAA as a congregate meal provider and in 2017 served over 36,579 meals at six sites. In May-June 2018, FMAAA and the Council approved adding Inspiration Park as a senior hot meal site with a Grand Opening held on August 3, 2018. SHM program attendance at Inspiration Park started slowly but has accelerated; the site now serves 12 participants daily while attendance continues to grow. In addition, program staff actively engages regularly with the residents of the California Veterans Home encouraging their participation at meals and at social events.

Today, the SHM program operates a comprehensive program for older adults serving lunch at seven sites throughout Fresno, Monday through Friday (excluding holidays). Trained senior coordinators, (CPR/First Aid and ServSafe best practices) serve nutritious meals prepared by Fresno County EOC Food Services. Along with their meal, seniors enjoy a socially interactive environment designed to encourage physical and emotional health through socialization and physical activity. For example, seniors are highly encouraged to enter their art and crafts projects in the Big Fresno Fair. This year the SHM participants received 4 Best of Shows, 10 First Place Ribbons, 7 Second Place Ribbons and 5 Third Place Ribbons.

In FY18, the SHM program served 40,177 meals to seniors at seven sites and collected just over \$21,000 in voluntary donations from participants. Current site participation is as follows:

1. Pinedale Community Center (District 2); average daily attendance: 25 participants
2. Mary Ella Brown Community Center (District 3); average daily attendance: 10 participants
3. Ted C. Wills Community Center (District 3); average daily attendance: 56 participants
4. Mosqueda Community Center (District 5); average daily attendance: 33 participants
5. Senior Citizens Village (District 5) average daily attendance: 45 participants
6. Lafayette Neighborhood Center (District 7); average daily attendance: 11 participants
7. Inspiration Neighborhood Center (District 1); average daily attendance: 12 participants

PARCS SHM staff is proud of its knowledge of and compliance with federal regulations related to serving congregate meals. They regularly participate in required training sponsored by FMAAA and provide on-site monitoring to ensure all guidelines and requirements are followed. Staff provides activities and opportunities that enable seniors to participate in leisure programs, such as special events, field trips, dance instruction and cooking classes. Regular SHM program participants eagerly look forward to monthly dance socials such as the Valentine's Day Dance or the Fall Harvest Dance.

By creating a welcoming and professional-caring program culture, the Senior Hot Meals Program has provided a stimulating environment where seniors are on the move and involved. A variety of engaging activities and programs are offered on a regular basis which include volunteerism and work experience programs, educational opportunities such as learning new technology, art and crafts, sewing, gardening; participating in discussion groups and general socialization. These and other activities provide a stimulus for seniors, enabling them to be healthy and active while enjoying positive fellowship and improving their quality of life.

This Agreement was reviewed and approved by the City Attorney and Risk Management Office(s).

## **ENVIRONMENTAL FINDINGS**

By definition provided in the California Environmental Quality Act (CEQA) Guidelines Section 15378 the contract does not qualify as a “project” for the purposes of CEQA.

## **LOCAL PREFERENCE**

Local preference is not applicable, since this item does not include a bid or award of a construction or services contract.

## **FISCAL IMPACT**

The FMAAA will provide the City with \$80,000 in funding to offset the cost associated with direct service site management of the meal program. The FMAAA funding is supplemented with approximately \$20,000 from participant meal contributions, \$106,500 from General Fund, and \$185,000 through a Community Development Block Grant (CDBG). The supplemented contributions support direct service staff, general operating supplies, and costs associated with the social and recreational components of the program.

Attachments:

Site Management Contract Senior Hot Meal Program Contract No. 19-0310  
FMAAA Approval Letter Contract No.19-0310